

Handout 1.11b: Multiple Intelligences - What Are Yours?

Part 5 - Score: _____

1. _____ I am relaxed and am able to re-energize when I'm alone.
2. _____ I prefer a small group of friends, not big crowds of people.
3. _____ I know who I am and how I feel about things most of the time.
4. _____ I enjoy thinking¹ on my own about values and beliefs.
5. _____ I understand my areas of strength and weakness.

Part 6 - Score: _____

1. _____ I enjoy moving around instead of sitting.
2. _____ I tend to tap and move my feet or hands when I'm in class.
3. _____ I learn best when it is a hands-on project, such as building or creating something.
4. _____ I am good at sports, as I have good coordination.
5. _____ I like to get up and take an active part in most activities.

Part 7 - Score: _____

1. _____ I would listen to my music all day if I could.
2. _____ I often hear songs and melodies in my head.
3. _____ I can follow the rhythm in music easily and I like dancing.
4. _____ I play or would like to play a musical instrument.
5. _____ I listen well and can distinguish which instrument is playing in a band or an orchestra.

Part 8 - Score: _____

1. _____ One of my favourite things to do is be outside.
2. _____ I like hiking in parks and observing plants, insects, and animals.
3. _____ I learn a lot when I go on a field trip and explore nature.
4. _____ I recycle always and read up on environmental issues.
5. _____ I'm interested in taking care of animals or marine life.

Identifying Your Top Three Intelligences

1. Add up your total score for each of the above eight parts, and write it down in the space provided below.
2. Identify the three parts that have the highest scores. *These are your top three Intelligences.* Are you surprised? Write them down in the chart below.

MULTIPLE INTELLIGENCES

TOTAL SCORES

Part 1 - Verbal/Linguistic (Word Smart)	_____
Part 2 - Logical/Mathematical (Logic Smart)	_____
Part 3 - Visual/Spatial (Image Smart)	_____
Part 4 - Interpersonal (People Smart)	_____
Part 5 - Intrapersonal (Self Smart)	_____
Part 6 - Bodily/Kinesthetic (Body Smart)	_____
Part 7 - Musical (Music Smart)	_____
Part 8 - Naturalist (Nature Smart)	_____

My top three intelligences are:

1. _____
2. _____
3. _____